



Stephen Heydorff, Chair
Mary Carney, Vice Chair
Teresa Chaure, Commissioner
Eric Friedman, Commissioner
Mia Khadour, Commissioner

SPECIAL MEETING AGENDA

**Senior Community Commission
City Council Chambers**

232 W. Sierra Madre Boulevard

Sierra Madre, CA 91024

Thursday, January 8, 2026

3:00 p.m.

CALL TO ORDER / ROLL CALL	Chair Heydorff, Vice Chair Carney, Commissioner Chaure, Commissioner Friedman, Commissioner Khadour
PLEDGE OF ALLEGIANCE	Chair Heydorff
APPROVAL OF AGENDA	Majority vote of the Commission to proceed with Commission business
APPROVAL OF MINUTES	Senior Community Commission meeting on Thursday, December 4, 2025

COMMUNITY INPUT

At this time, any person may address the Senior Community Commission concerning an item that is not on the Agenda.

State legislation (Govt. Code Section 54954.2) limits the Commission's ability to take action on specific requests. Govt. Code Section 54954.2 also limits the placement of items on the agenda for action 72 hours prior to meetings, except for specific findings.

No action or discussion may be undertaken by the Senior Community Commission on any item if not posted on the agenda, except that commissioners or staff may briefly respond to statements made or questions posed by the public, or a Commissioner or staff liaison may ask a question for clarification, or make a brief report on his or her own activities. A Commissioner or the Commission itself may provide a reference to staff to report back to the Commission at a subsequent meeting concerning any matter or may direct staff to place a matter of business on a future agenda.

PRESENTATION

Sierra Madre Police Department – Overview of Public Safety

ACTION ITEM AND REPORT

1. Senior Community Survey

It is recommended that the Senior Community Commission discuss and provide input on the development of a community survey aimed at Sierra Madre senior residents to gather relevant information regarding programming interests, general needs, and service gaps, and to support future planning and recommendations to the City Council.

- 2. Lunch & Learn Special Commission Meetings** It is recommended that the Senior Community Commission discuss the concept of holding up to two special “Lunch and Learn” meetings annually at the Senior Center and provide direction to staff regarding interest, preferred topics, timing, and whether to proceed with the meetings on a pilot basis.
- 3. Consent Calendar**
- A. Senior Holiday Social – After Action Report**
It is recommended that the Senior Community Commission receive and file this information report.
No action is required.
- B. Fall Community Yard Sale – After Action Report**
Staff present the After Action Report, and Committee Chairs will provide feedback on Community Yard Sale.
No action is required. Recommendation: Receive and file.
- C. Senior Valentine’s Day Social**
It is recommended that the Senior Community Commission receive and file this information report. No action is required.
- D. Older American of the Year Discussion Event Report**
It is recommended that the Senior Community Commission discuss the 2026 Sierra Madre Older American of the Year Reception.
Recommendation to received and file. No action is required.
- E. Senior Services Updates**
Staff will provide a report regarding various items of community interest.
No action is required. Recommendation: Receive and file.
- 4. Commissioner Updates** Commissioners will provide oral reports on their respective assignments or City-related activities.

**ACTION ITEMS*

Regardless of a staff recommendation on any agenda item, the Commission will consider such matters including action to approve, conditionally approve, reject or continue such item. Further information on each item may be procured from the Community Services Department.

NEW BUSINESS AND MATTERS FOR FUTURE AGENDAS

- Seniors Walk Around the Park Discussion
- Tai Chi Classes Discussion
- Older American of the Year 2026 Theme: “???”
- Senior Master Plan

- City Public Transportation Committee Update
- YWCA Intervale Lunch Program Updates

ADJOURNMENT

Senior Community Commission, upon approval, will adjourn to the next regular meeting on Thursday, February 5, 2026. If you require special assistance to participate in this meeting, please call the Community Services Office at 626-355-5278 at least 48 hours prior to the meeting.

CODE OF CONDUCT

The purpose of a Senior Community Commission meeting is to conduct City business. Members of the public that behave in a manner that interrupts or obstructs the Commission's ability to conduct City business may be asked to leave the meeting. All demonstrations, which disrupt, interrupt, or obstruct the Commission's ability to conduct City business, are prohibited. No signs, posters or other large objects shall be brought into the Council Chambers or other meeting place if doing so would disrupt, disturb, or otherwise impede the orderly course of the meeting.



CITY OF SIERRA MADRE
SENIOR COMMUNITY COMMISSION
REGULAR MEETING MINUTES

Thursday, December 4, 2025, 3:00 p.m.
City Council Chamber
232 W. Sierra Madre Boulevard, Sierra Madre, CA 91024

Vice Chair Carney called the meeting to order at 3:03 p.m.

ROLL CALL:

Present: Chair Heydorff, Vice Chair Carney, Commissioner Chaure, Commissioner Friedman Commissioner Khadour

Absent: None

Also Present: Councilmember, Edward Garcia
Community Services Supervisor, Ted Tegar
Administrative Assistant, Rosemary Garcia
Recreation Coordinator I, Brandon Wilson

PLEDGE OF ALLEGIANCE

Commissioner Khadour led the Pledge of Allegiance.

APPROVAL OF AGENDA

The Senior Community Commission proceeded with a vote to approve the amended agenda and continue with City business.

Commissioner Khadour moved to approve the agenda as presented.

Commissioner Chaure seconded the motion.

Chair Heydorff called for a vote of the Commission.

Vote Yes: Chair Heydorff, Vice Chair Carney, Commissioner Chaure, Commissioner Friedman Commissioner Khadour

Vote No: None

Absent: None

Abstained: None

The motion to approve the agenda as presented was passed unanimously by voice vote.

APPROVAL OF MINUTES

Approval of November 6, 2025 Senior Community Commission meeting minutes. .

Vice Chair Carney made the following amendment:

- Page 3, Revise Commissioner Friedman’s status to late instead of absent.
- Page 3, Under Consent Calendar, revise “Women’s Club to ‘Woman’s Club.’”

Vice Chair Carney moved to approve the minutes as amended.

Commissioner Chaure seconded the motion.

Chair Heydorff called for a vote of the Commission.

Vote Yes: Chair Heydorff, Vice Chair Carney, Commissioner Chaure, Commissioner Friedman Commissioner Khadour

Vote No: None

Absent: None

Abstained: None

The motion to approve the minutes of the Senior Community Commission Meeting of November 6, 2025 as amended was passed unanimously by voice vote.

PUBLIC COMMENTS

Community Services Supervisor Ted Tegart noted that the City did not receive any emailed public comments.

Community Services Supervisor Tegart opened the meeting for public comment on items not on the agenda.

ACTION ITEMS AND REPORT

1. Consideration of Change to the January Meeting Date 2026

Community Services Supervisor Tegart delivered the report.

Vice Chair Carney noted an error in the Special Meeting Report date. The report lists Thursday, January 9, 2026, and should be corrected to Thursday, January 8, 2026.

Chair Heydorff open the floor for public comment; No one came forward.

Chair Heydorff asked for a motion.

Commissioner Chaure made a motion to reschedule the first regular meeting of the New Year for the Special Meeting of Thursday, January 8, 2026.

Commissioner Khadour seconded the motion.

Vote Yes: Chair Heydorff, Vice Chair Carney, Commissioner Chaure, Commissioner Friedman, Commissioner Khadour
Vote No: None
Absent: None
Abstained: None

The motion to reschedule the first regular meeting of the New Year for the Special Meeting of Thursday, January 8, 2026 was passed by a unanimous voice vote.

2. Water Service Delivery for the Hart Park House

Community Services Supervisor Tegart delivered the report.

Chair Heydorff open the floor for public comment; No one came forward.

Chair Heydorff asked for a motion.

Vice Chair Carney made a motion to accept the allocation of \$100 per month (plus taxes) for drinking water service for the Hart Park House.

Commissioner Khadour seconded the motion.

Vote Yes: Chair Heydorff, Vice Chair Carney, Commissioner Chaure, Commissioner Friedman, Commissioner Khadour
Vote No: None
Absent: None
Abstained: None

The motion to accept the allocation of \$100 per month (plus taxes) for drinking water service for the Hart Park House was passed by a unanimous voice vote.

3. Consent Calendar

A. Fall Community Yard Sale – Rescheduled Event & Holiday Social Update Report

Recreation Coordinator I Wilson delivered both Fall Community Yard Sale and the Holiday Social update report.

Recreation Coordinator Wilson provided the schedule for the Community Yard Sale on Saturday, December 13, 2025.

Commissioner Chaure and Chair Heydorff selected the 8:00–10:00 a.m. shift. Commissioner Khadour selected the 10:00 a.m.–12:00 p.m. shift. Vice Chair Carney mentioned, she would be unable to attend the event. Commissioner Friedman will serve as an alternate, as he will have a booth at the Community Yard Sale. If he secures assistance for his booth, he will assist at the Commission booth.

Commissioner Khadour inquired whether commissioner T-shirts would be available for Commissioners to wear at the Community Yard Sale.

Recreation Coordinator I Wilson stated he would be happy to order commissioner T-shirts; however, the shirts would not arrive prior to the Community Yard Sale.

Recreation Coordinator I Wilson reported that he emailed Vice Chair Carney and Commissioner Khadour to arrange a meeting regarding the Holiday Social.

Recreation Coordinator Wilson reported that he emailed Vice Chair Carney and Commissioner Khadour to arrange a meeting on Monday, December 8, 2025, to discuss the Holiday Social. The commissioners may email him their availability, and he will schedule the meeting accordingly.

Chair Heydorff open the floor for public comment; No one came forward.

Recommendation: Receive and file.

B. Senior Halloween Social After Action Report

Recreation Coordinator I Wilson delivered the report.

Chair Heydorff open the floor for public comment; No one came forward.

Community Services Supervisor Tegart thanked Program Specialist Ramos and Recreation Coordinator Wilson I for introducing new activities to the socials, which were well received.

Recommendation: Receive and file.

C. Senior Thanksgiving Social After Action Report

Recreation Coordinator Wilson delivered the report.

Vice Chair Carney stated that she prefers the Halloween financial format to the Thanksgiving format.

Recreation Coordinator Wilson stated that he would be happy to format all after-action reports using the Halloween financial format.

Chair Heydorff open the floor for public comment; No one came forward.

Recommendation: Receive and file.

D. Senior Services Updates

Community Services Supervisor Tegart presented the report, highlighting noteworthy programs and activities, with an emphasis on seasonal activities.

Community Services Supervisor Tegart announced that Recreation Coordinator I Wilson is working with AARP to provide free income tax assistance for seniors at the Hart Park House Senior Center in March. Additional information will be provided once the schedule is confirmed.

Chair Heydorff open the floor for public comment; No one came forward.

Recommendation: Receive and file.

4. Commissioner Updates

Commissioners provided oral reports concerning their respective assignments or activities relating to City Business.

Chair Heydorff: reported that she attended a library fundraiser and noted that \$180,000 is needed. He announced that construction is expected to be completed around February or March, with a ribbon-cutting ceremony scheduled for June 6.

Vice Chair Carney: stated that in October she presented 'Flipping the Switch' to the City Council. She also attended the Thanksgiving Social and noted that there appeared to be strong interest among seniors in discussing the program. She reported that she is now considering having the Senior Community Commission hold a formal or informational meeting at the Hart Park House, during which members could join lunch and discuss 'Flipping the Switch.' She also mentioned since there were complaints last month about the movies being shown at the Senior Center, she suggested providing seniors with a form to indicate which movies they would like to see.

Community Services Supervisor Tegart stated that seniors had previously raised complaints about the movies, and that the selections have since been changed.

Commissioner Chauré: attended the Mission Inn excursion in Riverside and reported that it was an excellent experience and beneficial to seniors. She also noted that Kensington has collaborated with the Sierra Madre Library on a Memory Café, healthy cooking programs, and intergenerational storytelling with children, and asked whether similar programs could be offered at the Senior Center.

Supervisor Tegart stated that staff could work together to develop programs involving both seniors and children."

Commissioner Friedman: mentioned the Lunch and Learn open enrollment was a successful and reported that he attended the Pioneer Cemetery tour and found it to be very well done.

Commissioner Khadour: reported on the Mission Inn excursion in Riverside, stating that it was very successful, well attended, and that seniors were very pleased.

Commissioner Chaure reported that the excursion went smoothly and that seniors enjoyed the event and were very pleased with the experience.

Community Services Supervisor Tegart: stated that Senior Management Analyst Carlson had been scheduled to attend today's meeting to discuss transportation but was unable to attend. Senior Management Analyst Carlson will presented a Transportation Report to the City Council on Tuesday, after which staff will return to provide the Senior Community Commission with a transportation update."

Vice Chair Carney proposed holding two special meetings at the Hart Park House as part of the Lunch and Learn program, one in January and one in June to a future agenda.

Commissioner Friedman requested that a fundraiser for the Senior Fund be added to a future agenda.

Commissioner Chaure requested that Los Angeles County Meals on Wheels be added to a future agenda.

Chair Heydorff asked for a motion.

Vice Chair Carney made a motion to add all three items to New Business.

Commissioner Khadour seconded the motion.

Vote Yes:	Chair Heydorff, Vice Chair Carney, Commissioner Chaure, Commissioner Friedman, Commissioner Khadour
Vote No:	None
Absent:	None
Abstained:	None

The motion to add the three items to New Business passed by a unanimous voice vote.

NEW BUSINESS AND MATTERS FOR FUTURE AGENDAS

- Lunch & Learn Special Commission Meetings
- Fundraising for the Senior Fund
- Los Angeles County Meals on Wheels
- Holiday Social – After Action Report
- Fall Community Yard Sale – After Action Report
- Seniors Walk Around the Park Discussion

- Tai Chi Classes Discussion
- Older American of the Year 2025 Theme: “Flip the Switch on Aging”
- Senior Master Plan
- City Public Transportation Committee Update
- YWCA Intervale Lunch Program Update

ADJOURNMENT

Vice Chair Carney asked for a motion to adjourn the meeting.

Vice Chair Carney made a motion to adjourn.

Commissioner Friedman seconded the motion.

Vote Yes: Chair Heydorff, Vice Chair Carney, Commissioner Chaure, Commissioner Friedman Commissioner Khadour

Vote No: None

Absent: None

Abstain: None

The motion to adjourn was approved unanimously by voice vote.

The meeting was adjourned at 4:07 p.m. to the special meeting to be held Thursday, January 8, 2026, at COUNCIL CHAMBERS, 232 SIERRA MADRE BOULEVARD, CA 91024.

Minutes taken and prepared by:

Rosemary Garcia, Administrative Assistant

Reviewed by:

Ted Tegart

Ted Tegart, Community Services Supervisor



CITY OF SIERRA MADRE

STAFF REPORT

SENIOR COMMUNITY COMMISSION

DATE: January 8, 2026
TO: Senior Community Commission
FROM: Ted Tegart, Community Services Supervisor
By: Rosemary Garcia, Administrative Assistant
SUBJECT: **Senior Community Survey**

RECOMMENDATION

It is recommended that the Senior Community Commission discuss and provide input on the development of a community survey aimed at Sierra Madre senior residents to gather relevant information regarding programming interests, general needs, and service gaps, and to support future planning and recommendations to the City Council.

SUMMARY

The Community Services Department, in collaboration with the Senior Community Commission, proposes the creation of a survey targeting Sierra Madre senior residents. The purpose of the survey is to collect meaningful, up-to-date data related to senior programming preferences, service needs, accessibility concerns, and overall quality-of-life issues. Information gathered will help guide future senior programming, resource allocation, and policy recommendations, ensuring services remain responsive to the evolving needs of the senior population.

DISCUSSION & ANALYSIS

Background

The Senior Community Commission is charged with assessing and defining the needs of older Sierra Madreans and advising on programs and services that enhance their quality of life. While informal feedback is regularly received through program participation and community interaction, a comprehensive survey would provide a broader and more representative understanding of senior needs citywide.

Sierra Madre's senior population is diverse in age, mobility, health status, and interests. As demographics, technology use, and community expectations continue to change, updated data is essential to ensure that senior services and programming remain relevant, inclusive, and effective.

Purpose of the Survey

The proposed survey would aim to gather information in the following general areas:

- **Programming Interests:** Recreational, educational, wellness, social, and special event preferences
- **Service Needs:** Transportation, nutrition, health and safety, housing-related concerns, and access to resources
- **Participation Barriers:** Scheduling, cost, mobility, communication, or awareness challenges
- **Communication Methods:** Preferred ways seniors receive information (print, email, website, social media, etc.)
- **General Feedback:** Opportunities for seniors to share ideas, concerns, and suggestions directly

Survey Distribution and Accessibility

To maximize participation and inclusivity, the survey could be distributed through multiple formats, such as:

- Paper copies available at the Senior Center and other community locations
- Online survey options for residents comfortable with digital platforms
- Outreach assistance for seniors with limited mobility or accessibility needs

Staff will seek to ensure the survey is accessible to seniors of varying mobility levels, language preferences, and levels of comfort with technology.

Use of Survey Results

Data collected from the survey would be compiled and analyzed by staff and shared with the Senior Community Commission. The results could be used to:

- Identify trends and unmet needs
- Inform future program development and enhancements
- Support grant applications and funding opportunities
- Provide data-driven recommendations to the City Council
- Strengthen long-term planning for senior services and facilities

Next Steps

If directed by the Senior Community Commission, staff would finalize the survey instrument, implement outreach and distribution, analyze survey responses, and return to the Commission at a future meeting with findings and potential program or service recommendations.

ENVIRONMENTAL ANALYSIS

The proposed action does not constitute as a project under the California Environmental Quality Act ("CEQA"), based on Section 15061(b)(3) of the CEQA Guidelines, as it can be determined with certainty that it will have no impact on the environment.

FISCAL IMPACT

At this time, the development and distribution of a senior community survey is expected to have minimal to no fiscal impact. Any minor costs associated with printing or outreach would be absorbed within existing departmental resources. There is no anticipated impact to the General Fund as a result of this discussion item.

Approved by:



Ted Tegart
Community Services Supervisor

Attachment(s):

1. Discussion Overview
2. Draft Survey Questions

ATTACHMENT A

Senior Community Survey – Commission Discussion Overview

Agenda Item: Senior Community Survey Development

Meeting Date: January 8, 2026

PURPOSE

To obtain Senior Community Commission input on the development of a community survey designed to gather information from Sierra Madre senior residents regarding programming interests, service needs, participation barriers, and overall quality of life. Survey results will inform future senior programming, services, and recommendations to the City Council.

BACKGROUND

The Senior Community Commission is responsible for assessing and defining the needs of older Sierra Madreans and advising on programs and services that enhance their well-being. While ongoing feedback is received through Senior Center participation and community interaction, a comprehensive survey will provide broader, data-driven insight into the needs of both active and non-participating seniors within the community.

KEY SURVEY TOPICS

The draft survey includes questions related to:

- **Awareness & Participation**
Knowledge of the Sierra Madre Senior Center, City senior programs, and community events; reasons for participation or non-participation.
- **Programming Interests**
Recreation, wellness, education, social activities, technology assistance, intergenerational programs, trips, and volunteer opportunities.
- **Services & Community Needs**
Transportation within Sierra Madre, aging in place, housing, health and safety, emergency preparedness, and access to resources.
- **Communication & Outreach**
Preferred methods for receiving information about City programs and services.
- **Quality of Life**
General feedback on aging in Sierra Madre, including benefits, challenges, and future concerns.

COMMISSION DISCUSSION ITEMS

Commissioners are asked to provide input on the following:

1. **Survey Focus** – Are the proposed topics comprehensive and reflective of current senior needs in Sierra Madre?
2. **Target Population** – Should the survey focus exclusively on Sierra Madre residents, or include non-resident Senior Center users?
3. **Program Priorities** – Are there specific programs or services that should be emphasized or added?
4. **Accessibility & Length** – Is the survey an appropriate length and easy for seniors to complete?
5. **Distribution Methods** – Recommended ways to reach both active and non-participating seniors.

City of Sierra Madre

DRAFT - Senior Community Needs & Programming Survey

The City of Sierra Madre Community Services Department and Senior Community Commission are seeking input from senior residents to better understand your needs, interests, and priorities. Your responses will help guide future programs, services, and recommendations to the Sierra Madre City Council.

SECTION 1: ABOUT YOU

1. **What is your age group?**

- 55–64
- 65–74
- 75–84
- 85+

2. **Do you currently live in Sierra Madre?**

- Yes
- No (please describe your connection to Sierra Madre: work family other)

3. **How long have you lived in Sierra Madre?**

- Less than 1 year
- 1–5 years
- 6–10 years
- More than 10 years

4. **What is your current living situation in or near Sierra Madre? (check all that apply)**

- Own home
- Rent
- Live with family
- Senior housing or assisted living
- Other: _____

SECTION 2: AWARENESS & PARTICIPATION

5. **Are you aware of the Sierra Madre Senior Center and senior programs offered by the City of Sierra Madre?**

- Yes
- Somewhat
- No

6. **Have you participated in any City of Sierra Madre senior programs or activities in the past year?**

- Yes, regularly
- Yes, occasionally
- No

7. **Which Sierra Madre–related activities or programs have you participated in?** *(check all that apply)*

- Senior Center classes or activities
- Senior lunches or special events
- City-hosted trips or outings
- Community events (e.g., Concerts in the Park, community celebrations)
- Health, wellness, or educational programs
- None

8. **If you do not currently participate in City senior programs, what are the main reasons?** *(check all that apply)*

- Not aware of programs
- Program times do not work for me
- Transportation challenges within Sierra Madre
- Health or mobility limitations
- Programs do not match my interests
- Cost
- Prefer activities outside of City programs
- Other: _____

SECTION 3: PROGRAMMING INTERESTS

9. **What types of senior programs would you like the City of Sierra Madre to offer or expand?** *(check all that apply)*

- Fitness and wellness (chair exercise, balance, yoga, walking groups)
- Arts and crafts at the Senior Center
- Educational classes or guest speakers
- Technology help (smartphones, computers, internet use)
- Social clubs or game days
- Intergenerational programs with local schools or youth
- Day trips or excursions departing from Sierra Madre
- Volunteer opportunities within the City
- Other: _____

10. **What days and times work best for you to attend programs at the Senior Center or other City facilities?**

- Weekday mornings
- Weekday afternoons
- Evenings
- Weekends

11. **How important is it that City of Sierra Madre senior programs remain low-cost or free?**

- Very important
- Somewhat important
- Not important

SECTION 4: SERVICES & COMMUNITY NEEDS

12. **Which senior services are most important to you for aging in place in Sierra Madre?**

(check all that apply)

- Transportation within Sierra Madre
- Access to information about local senior resources
- Home safety and fall prevention programs
- Health and wellness resources
- Social connection and community engagement
- Housing options for seniors in Sierra Madre
- Meal programs or nutrition support
- Emergency preparedness information (earthquakes, power outages, etc.)
- Other: _____

13. **Do you currently experience difficulty getting around Sierra Madre?**

- No
- Yes – walking on sidewalks or hills
- Yes – driving
- Yes – transportation options

14. **Would you use a City of Sierra Madre senior transportation service if one were available or expanded?**

- Yes
- No
- Maybe

SECTION 5: COMMUNICATION & OUTREACH

15. **How do you currently receive information about Sierra Madre senior programs and events?** *(check all that apply)*

- Senior Center flyers or bulletin boards

- City mailings
- Sierra Madre website
- Email from the City
- Social media
- Friends or word of mouth

16. How would you prefer the City of Sierra Madre communicate with you about senior programs and services? (check all that apply)

- Mail
- Email
- Phone calls
- Website
- In-person at the Senior Center

17. Do you have access to the internet at home?

- Yes
- No
- Limited access

SECTION 6: QUALITY OF LIFE IN SIERRA MADRE

18. Overall, how would you rate your quality of life as a senior living in Sierra Madre?

- Excellent
- Good
- Fair
- Poor

19. What do you enjoy most about living in Sierra Madre as a senior?

20. What challenges or concerns do you have about aging in Sierra Madre?

SECTION 7: FINAL THOUGHTS

21. What programs, services, or improvements would you like the City of Sierra Madre to consider for seniors?

22. Any additional comments or suggestions for the Senior Community Commission or Community Services Department?



CITY OF SIERRA MADRE

STAFF REPORT

SENIOR COMMUNITY COMMISSION

DATE: January 8, 2026
TO: Senior Community Commission
FROM: Ted Tegart, Community Services Supervisor
By: Rosemary Garcia, Administrative Assistant
SUBJECT: **Lunch & Learn Special Commission Meetings**

RECOMMENDATION

It is recommended that the Senior Community Commission discuss the concept of holding up to two special “Lunch and Learn” meetings annually at the Senior Center and provide direction to staff regarding interest, preferred topics, timing, and whether to proceed with the meetings on a pilot basis.

SUMMARY

The purpose of this report is to discuss the idea of the Senior Community Commission holding up to two special meetings per year in the format of “Lunch and Learn” sessions at the Sierra Madre Senior Center. These special meetings are intended to increase community involvement, create additional opportunities for public participation, and strengthen the connection between the Commission and senior residents by hosting meetings in a more informal, accessible, and welcoming setting.

DISCUSSION & ANALYSIS

The Senior Community Commission serves as a key advisory body focused on the needs and well-being of older Sierra Madre residents. While regular Commission meetings are held at City Hall, hosting special “Lunch and Learn” meetings at the Senior Center would provide an opportunity to meet seniors where they already gather and feel comfortable, helping to reduce barriers to participation.

Holding special meetings at the Senior Center also supports accessibility by utilizing a familiar, centrally located facility during daytime hours. This format may be more approachable for seniors who have mobility limitations, transportation challenges, or who are unfamiliar with traditional City Hall meetings.

The primary goal of these special meetings is to increase community engagement by:

Lunch & Learn Special Commission Meetings

January 8, 2026

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- Encouraging seniors who may not typically attend Commission meetings to participate
- Providing a forum for informal dialogue between Commissioners, staff, and the public
- Giving residents an opportunity to learn about City programs, services, and resources
- Allowing the Commission to hear directly from seniors about concerns, ideas, and emerging needs

Each “Lunch and Learn” would be publicly noticed as a special meeting in compliance with the Brown Act, including a posted agenda at least 24 hours in advance. These meetings would supplement, not replace, the Commission’s regularly scheduled meetings and would be limited in scope and frequency. The agenda would include a brief Commission business item(s), dedicated public comment, and an educational or informational presentation.

Presentations may include City departments, local nonprofit organizations, regional agencies, or other community partners that provide services relevant to older adults. Topics may include health and wellness, emergency preparedness, transportation options, housing resources, technology assistance, or other issues identified by the senior community.

Public input received during these special meetings could help inform future senior programming, identify service gaps, and guide Commission recommendations to the City Council and Community Services Department. The Commission may also consider treating the first year of “Lunch and Learn” meetings as a pilot to evaluate attendance, community interest, and overall effectiveness before determining whether to continue the program long-term.

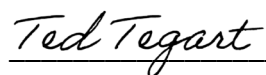
ENVIRONMENTAL ANALYSIS

The proposed action does not constitute as a project under the California Environmental Quality Act (“CEQA”), based on Section 15061(b)(3) of the CEQA Guidelines, as it can be determined with certainty that it will have no impact on the environment.

FISCAL IMPACT

There is no fiscal impact associated with Commission discussion of this item. Any future costs related to presenters, materials, or refreshments would be evaluated separately and brought forward as needed.

Approved by:



Ted Tegar
Community Services Supervisor



CITY OF SIERRA MADRE

STAFF REPORT

SENIOR COMMUNITY COMMISSION

DATE: January 8, 2025

TO: Senior Community Commission

FROM: Ted Tegart, Community Service Supervisor
By: Brandon J. Wilson, Recreation supervisor

SUBJECT: **2026 ANNUAL SENIOR HOLIDAY SOCIAL,
AFTER ACTION REPORT**

RECOMMENDATION

Committee Chairs will provide feedback on Annual Senior Holiday Social Followed by the After Action Report. Recommendation to receive and file the information report.

SUMMARY

The Senior Community Commission hosted the **2025 Holiday Social on Thursday, December 11, 2025, from 12:30 p.m. to 3:30 p.m.** at the Hart Park House Senior Center. The event brought together approximately **50 seniors** for an afternoon of food, games, and holiday celebration.

DISCUSSION & ANALYSIS

The 2025 Holiday Social featured catering from Wood Ranch BBQ and Grill, offering guests a hearty and crowd pleasing meal. The menu provided a warm and welcoming dining experience that was well received by attendees. The event was hosted and emceed by Commissioner Mary Carney, Games and activities were led by Commissioner Mia Khadour, including trivia, Guess How Many Kisses in a Jar, and Naughty or Nice raffle scratch offs, encouraging participation and festive engagement.

Additional entertainment included recorded music, a raffle with prizes donated by members of the Senior Community Commission, and a visit from Santa Claus, bringing holiday cheer to attendees.

The event served approximately 50 participants and reinforced the Commission's commitment to fostering social connection and enrichment opportunities for the senior community.

FISCAL IMPACT

Revenue

Senior Donation Account Allocation	\$2,000.00
Participant Contribution (52 participants @ \$5)	\$260.00
Total Revenue	\$2,260.00

Expense

Wood Ranch BBQ and Grill Lunches	\$1,105.82
Decorations, centerpieces, tablecloths, plates, napkins, silverware, and serving utensils	\$454.44
Drinks, desserts, candy, appetizers, cups, ice, and batteries	\$661.51
Holiday favors and games	\$121.70
Prizes	\$116.65
Total Expense	\$2,413.12

DIFFERENCE **\$(153.12)**

Approved by:

Ted Tegart
Community Services Supervisor

Attachment(s):

1. First Attachment
2. Second Attachment
3. Third Attachment



HOLIDAY SOCIAL

\$5

DECEMBER 11, 2025

12:30 PM - 3:30 PM

SPECIAL GUEST
BETHANY CHURCH CHOIR
&
SANTA CLAUSE



JOIN US AT THE HART PARK SENIOR
CENTER FOR A FESTIVE
CELEBRATION FEATURING THEMED
MUSIC, ENTERTAINMENT, AND MORE.
WE LOOK FORWARD TO SEEING
YOU THERE AND CELEBRATING THE
SEASON TOGETHER!

For more information,
Please call the Community Services Department
at 626-355-5278





CITY OF SIERRA MADRE

STAFF REPORT

SENIOR COMMUNITY COMMISSION

DATE: January 8, 2025
TO: Senior Community Commission
FROM: Ted Tegart, Community Services Supervisor
By: Brandon J Wilson, Recreation Coordinator I
SUBJECT: **Fall Community Yard Sale**

RECOMMENDATION

It is recommended that the Senior Community Commission receive and file this informational report.

SUMMARY

The Senior Community Commission (SCC) hosted the Fall Community Yard Sale at Memorial Park. The following includes event details, financial overview, and recommendations.

DISCUSSION & ANALYSIS

The Fall Community Yard Sale was held on Saturday, December 13, 2025, from 8:30 a.m. to 12:30 p.m. along Hermosa Avenue, within the designated road closure area and portions of Memorial Park. The event featured 35 vendor spaces, each sold for \$35, with an option to upgrade to a \$45 VIP space. Nine available VIP spaces were sold.

Community participation was strong, with vendors and shoppers providing positive feedback. The Senior Community Commission hosted a booth offering coffee, donuts, pastries, and bottled water for sale.

An estimated 300 to 400 attendees visited throughout the event. ACTS Thrift Store was present to collect donated items from participants who chose not to take unsold items home, providing a convenient and sustainable option for post event cleanup.

FINANCIAL REVIEW

The Senior Community Commission allocated \$1,200.00 for the Community Yard Sale.

Revenue

Fall Community Yard Sale

January 8, 2026

Page 2 of 3

Senior Donation Account Allocation	\$1,200.00
Participant Registration - 35 Stalls Sold @ \$35 per stall	\$1,225.00
9 Stalls Sold @ \$45 –VIP per stall	\$ 405.00
Commission Refreshments Booth Sales	\$ 93.00
Total Revenue	\$2,923.00
<hr/>	
Expense	
Alliant Insurance Services – Event Coverage	\$392.00
Commission Booth Sales Expenses	
- Donuts (\$63.50)	
- Donuts (\$105.50)	
Coffee and donuts,)	\$204.71
Active Registration Fee	\$125.74
Total Expense	\$722.45
	<hr/>
DIFFERENCE*	\$2,200.55
	<hr/> <hr/>

**Returned to Senior Donation Account.*

CONTINUOUS PROGRAM IMPROVEMENT

1. Move the entire event into Memorial Park so that we can reopen Hermosa Ave. for participant and vendor parking.
2. Increase participation fee to \$40 from current \$35 rate for the upcoming year. (both recommendation were mentioned last year)
3. Continue to promote the event through social media, press releases, banners, and deliver posters to our local businesses and shared agencies.

PUBLIC NOTICE PROCESS

Fall Community Yard Sale

January 8, 2026

Page 3 of 3

This item has been noticed through the regular agenda notification process.
Copies of this report are available online at www.sierramadrea.gov and at City Hall.

ATTACHMENTS (1):

1. Community Yard Sale Flyer

Fall



COMMUNITY YARD SALE

December 13th, 2025
8:30 am - 12:30 pm

Memorial Park
222 W sierra madre blvd



For more information, please call the Community Services Department
at 626-355-5278



CITY OF SIERRA MADRE

STAFF REPORT

SENIOR COMMUNITY COMMISSION

DATE: January 8, 2026

TO: Senior Community Commission

FROM: Ted Tegart, Community Services Supervisor
By: Brandon J Wilson, Recreation Coordinator

SUBJECT: **SENIOR COMMUNITY COMMISSION PRESENTS THE
VALENTINE'S DAY SOCIAL, FEBRUARY 12**

RECOMMENDATION

It is recommended that the Senior Community Commission receive and file this informational report

SUMMARY

The purpose of this event is to provide members of the Sierra Madre Senior Community with a valuable opportunity to socialize, foster connections with friends and family, and create meaningful memories. The gathering will be held at the Hart Park House Senior Center on Thursday, February 12, 2025, from 3:00 PM to 5:00 PM.

The event will feature a selection of refreshments and treats, along with a chance to win exciting raffle prizes. We look forward to welcoming all attendees for an enjoyable and memorable experience.

FINANCIAL REVIEW/ SOURCE OF FUNDING

During the July 2025 Commission meeting, the Senior Community Commission approved a budget allocation of \$1,000.00. These funds will be used to cover the costs of food, hors d'oeuvres, and beverages, including champagne, wine, and non-alcoholic options, as well as decorations and other event supplies.

PUBLIC NOTICE PROCESS

This item has been noticed through the regular agenda notification process. Copies of this report are available online at www.sierramadrecalifornia.gov and at City Hall.

ATTACHMENT: (1)

1. Valentine's Day Social Flyer



PLEASE JOIN US FOR A

Valentine's Day
SOCIAL



FEBRUARY 12 3PM - 5PM

\$5

**Celebrate Valentine's Day at the Hart Park
House Senior Center!**

**Share the love and join us for a heart-
warming afternoon filled with delicious
food, sweet treats, games, and cheerful
music!**

**We can't wait to celebrate this special day
with you!**

REGISTRATION REQUIRED

**For more information, Please call the Community
Services Department at 626-355-5278**



CITY OF SIERRA MADRE

STAFF REPORT

SENIOR COMMUNITY COMMISSION

DATE: January 8, 2026
TO: Senior Community Commission
FROM: Ted Tegart, Community Services Supervisor
By: Rosemary Garcia, Administrative Assistant
SUBJECT: Older American of the Year Discussion

RECOMMENDATION

It is recommended that the Senior Community Commission discuss the 2026 Sierra Madre Older American of the Year Award and Reception. No action is required. Recommendation is to receive and file.

SUMMARY

The Senior Community Commission hosts the annual Sierra Madre Older American of the Year Reception, a long-standing tradition in Sierra Madre and bestowed upon exceptional individuals, age 60 or older, who have demonstrated an outstanding commitment to community service. Individuals nominated must live in Sierra Madre.

The City of Sierra Madre will host the 2026 Older American of the Year Reception on Wednesday, May 13, 2026 from 4:00 – 6:00 pm in the Hart Park House Senior Center. The honoree and guests will enjoy hors d'oeuvres, desserts, wine and non-alcoholic beverage choices. Staff will schedule a sub-committee meeting with the co-chairs for March to discuss reception logistics.

Information from the Los Angeles County Aging and Disabilities Department regarding the 2026 Older American of the Year is anticipated to be received within the next month. Historically, the County has hosted a luncheon in honor of the recipients being recognized from cities throughout the County. This year, the Los Angeles County Commission for Older Adults has moved up the date for applications to be submitted for county recognition to January 31, 2026. This impacts Sierra Madre, as we don't start asking for nominations until January. Our timeline should be updated to reflect the date change by the county.

Older American nomination forms will be available in January to distribute amongst community-wide groups, businesses, faith-based, and service organizations. The Commissioners will individually visit their immediate service clubs as well to present and pass out nomination information.

MARKETING

The program will be promoted via the Senior Moments Newsletter, both hard copy and electronic copy; the Village View Newsletter, social media, and the Mt. View Newspaper.

ENVIRONMENTAL ANALYSIS

The proposed action does not constitute as a project under the California Environmental Quality Act ("CEQA"), based on Section 15061(b)(3) of the CEQA Guidelines, as it can be determined with certainty that it will have no impact on the environment.

FISCAL IMPACT

There is no anticipated impact to the General Fund as a result of this discussion item.

Approved by:



Ted Tegart
Community Services Supervisor

Attachment(s):

1. Nomination Letter 2026
2. Nomination Form 2026



City of Sierra Madre

Community Services Department

232 W. Sierra Madre Boulevard, Sierra Madre, CA

Phone 626.355.5278

January 8, 2026

Dear Community Member:

The City of Sierra Madre Community Services Department and the Senior Community Commission invite your collaboration in selecting the **2026 Older "Sierra Madre" American of the Year**.

Nominations are now being accepted for this distinguished honor. Please note that, although deserving, Senior Community Commissioners are not eligible for nomination. Additionally, nominations will only be accepted for new candidates who have not been honored in previous years.

Please complete the attached nomination form and return it to the Hart Park House Senior Center or mail or deliver it in person to:

City of Sierra Madre
Community Services Department
232 W. Sierra Madre Blvd.
Sierra Madre, CA 91024

All nominations must be received no later than **Thursday, March 26, 2026**.

The Commission will review all nominations and select an honoree at its regularly scheduled meeting on **Thursday, April 2, 2026, at 3:00 p.m.**, held in the City Hall Council Chambers.

The individual selected by you or your organization must reside in Sierra Madre, be at least 60 years of age, and demonstrate outstanding community service. The honoree will be recognized at a reception held in their honor on **Wednesday, May 13, 2026**.

Previous Honorees:

Heidi Hartman, Mary Carney, Nina & Clem Bartolai, Paul Hagen, Darlene Crook, Jay Whitcraft, Ann Tyler, Laurie Cooper, Dick Johnson, Joan Crow, Gerry & Nan Carlton, Pat Alcorn, Fran Garbaccio, Ken Anhalt, Eph Konigsberg, Russ Anderson, George Throop, Loyal Camacho, John Grijalva, Joy Louise Harte-Smith, James Heasley, Lucile Flanders, Midge Morash, James Tyler, Isabella Paegal, Bonnie Garner, Rose Fafach, Karl Teigler, Ed Wellman, Celeste McCreary, Dorothy Tillquist, Doris Webster, Elsie Dammeyer, and George Maurer.

Thank you in advance for your support and assistance with this spirited community event. Should you have any questions, please feel free to contact me.

Sincerely,

Ted Tegart
Community Services Supervisor

Attachment: Nomination Form



CITY OF SIERRA MADRE

STAFF REPORT

SENIOR COMMUNITY COMMISSION

DATE: January 8, 2026
TO: Senior Community Commission
FROM: Ted Tegart, Community Services Supervisor
By: Rosemary Garcia, Administrative Assistant
SUBJECT: SENIOR PROGRAM UPDATES – DECEMBER

RECOMMENDATION

It is recommended that the Senior Commission receive and file this information report.

SUMMARY

Sierra Madre Senior Services plays an integral part in the wellbeing of the seniors' community. By providing a multitude of programs, services and activities, residents and visitors are supported in maintaining a healthy and independent lifestyle. The following is an overview of the operations that were held during the month of December. Additionally, highlights and updates on specific programs and services are included.

ANALYSIS

EVENT	DESCRIPTION	NOVEMBER	DECEMBER
<i>Chair Yoga</i>	Classes every Monday & Wednesday, 10:00 a.m. to 10:45 a.m. Volunteer Instructor, Paul Hagen	135	103
<i>Blood Pressure</i>	2 nd Tuesday of each month from 11:30 a.m. – 12:30 p.m. Hart Park House	0	7

SENIOR PROGRAM UPDATES – DECEMBER

January 8, 2026

Page 2 of 4

EVENT	DESCRIPTION	NOVEMBER	DECEMBER
Monthly Crafts	Seniors enjoyed a festive gingerbread house decorating party on Thursday, December 18, from 1:00–2:30 p.m.	0	19
Monthly Crafts	Seniors enjoyed a fun-filled afternoon decorating colorful fall wreaths on Tuesday, November 6, 2025, from 1:00–2:30 p.m.	19	0
Tea & Talk Book Club	2 nd & 4 th Tuesday of each month 9:00 a.m. – 10:00 a.m. Seniors discuss the fun, suspense, intrigue, love and so much more that each selection will have in store!	6	5
Senior Cinema	Every Wednesdays 1:00 p.m. to 3:00 p.m.	34	21
Bingo	3 rd Thursday of each month from 1:00 p.m. to 2:00 p.m. Hart Park House	35	34
Hawaiian & Polynesian Dance	Classes every Thursday 10:00 a.m. to 11:00 a.m. Classes every Friday 10:00 a.m. to 11:00 a.m. Volunteer Instructor, Barbara Dempsey	20 (basic) 40 (advance)	18 (basic) 58 (advance)
Intervale Senior Café Lunch Program	Seniors enjoy a delicious hot well-balance meal prepared by Trio Caterer. Meals are served Monday through Thursday at 11:30 a.m. Meal Price - \$3 for Seniors 60+ and/or \$5 for other aged guests.	419 Meals Served 155 Frozen Meals Served	319 Meals Served 173 Frozen Meals Served
<i>Distributed Total Number of "Senior Moments"</i>		Mailed: 82	Mailed: 82

SENIOR PROGRAM UPDATES – DECEMBER

January 8, 2026

Page 3 of 4

EVENT	DESCRIPTION	NOVEMBER	DECEMBER
		Emailed: 238	Emailed: 239

HIGHLIGHTS

- Senior Cinema - ran for just two days and welcomed 21 moviegoers—attendance was a bit lower because of the holiday schedule.
- Senior Excursion - Forty-five seniors set off on a memorable adventure to Mission Inn in Riverside and had a fantastic time exploring and enjoying the evening Christmas lights!
- Senior Lunch Program – lunch participation decreased during the holidays, with lunch service unavailable for five days.

UPDATES

- Senior Excursion - The next excursion is scheduled for Tuesday, February 10, 2026. Seniors will enjoy a new adventure with a tour of the Historical Los Angeles Union Station, followed by lunch at Philippe the Original.
- City Council Reorganization – Mayor Lowe, Mayor Pro Tem Goss
- AARP Tax help starting in March

SAVE THE DATES

- Tuesday, January 13, 2026, 11:30am – 12:30pm, Blood Pressure, Hart Park House
- Wednesday, January 14, 2026, 9:00am-10:00pm, Tea & Talk Book Club, Hart Park House
- Wednesday, January 14, 2026, 1:00pm – 3:00pm, Senior Cinema, “Battle of the Sexes”, Hart Park House
- Thursday, January 15, 2026, 12:30pm – 2:30pm, Let it Snow Bingo, Hart Park House
- Monday, January 19, 2026, Martin Luther Day Holiday, Community Services Department offices closed
- Wednesday, January 21, 2026, 1:00pm – 3:00pm, Senior Cinema, “Sister Act”, Hart Park House
- Thursday, January 22, 2026, 1:00pm – 3:00pm, Winter Craft, Hart Park House
- Tuesday, January 27, 2026, Birthday Celebration, 12:30pm - 1:00pm, Hart Park House
- Wednesday, January 28, 2026, 9:00am-10:00pm, Tea & Talk Book Club, Hart Park House
- Wednesday, January 28, 2026, 1:00pm – 3:00pm, Senior Cinema, “My Big Fat Greek Wedding”, Hart Park House

ENVIRONMENTAL ANALYSIS

The proposed action does not constitute as a project under the California Environmental Quality Act (“CEQA”), based on Section 15061(b)(3) of the CEQA Guidelines, as it can be determined with certainty that it will have no impact on the environment.

FISCAL IMPACT

There is no impact to the General Fund as a result of the recommended action.

Approved by:

Ted Tegart

Ted Tegart
Community Services Supervisor

Attachment(s):

1. Financial – December
2. Senior Cinema Flyer
3. Let it Snow Bingo Flyer
4. Mason Jar Luminaries Craft Flyer

SENIOR FINANCIAL ACCOUNT SUMMARY SHEET

PERIOD ENDING **December 31, 2025**

Senior Account Balance - Period Starting November 31, 2025 **\$ 209,560.68**

SENIOR ACCOUNT REVENUE

Monthly Activities

Gingerbread Houses Craft		\$	89.13
Gingerbread Bingo		\$	223.81
Holiday Social		\$	237.87
Community Yard Sale		\$	1,630.00
Total Revenues		\$	2,180.81

SENIOR ACCOUNT EXPENSE

October Bingo	Monthly Bingo Allocation	\$	432.75
Thanksgiving Social	Thanksgiving Social Allocation	\$	1,361.59
October Birthday Celebrations	Monthly Birthday Celebration	\$	58.48
Halloween Social	Halloween Social Allocation	\$	1,011.01
November Bingo	Montly Bingo Allocaiton	\$	105.48
November Craft	Monthly Activities Allocation	\$	458.66
December Book Club	Monthly Activities Allocation	\$	17.78
Senior Center Drinking Water	General Programs Supplies	\$	8.56
Senior Lunch Program - coffee and cups	General Programs Supplies	\$	138.06
Misc supplies	General Programs Supplies	\$	66.09
		\$	-
Total Expenditures		\$	3,658.46

Senior Account Balance - Period Ending December 31, 2025 **\$ 208,083.03**

SENIOR ACCOUNT ALLOCATIONS

Original

Remaining

Monthly Activities Allocation	\$	2,000.00	\$	1,290.34
Monthly Birthday Celebration Allocation	\$	500.00	\$	355.41
Senior Cinema Program Allocation	\$	1,500.00	\$	1,129.96
Monthly Bingo Allocation	\$	5,500.00	\$	3,505.26
Transportation Allocation	\$	9,000.00	\$	9,000.00
Halloween Social	\$	1,000.00	\$	(11.00)
Fall Community Yard Sale Allocation	\$	1,200.00	\$	1,074.82
Thansksgiving Social Allocation	\$	1,500.00	\$	138.41
Holiday Social Allocation	\$	2,500.00	\$	2,500.00
Valentine's Social Allocation	\$	1,000.00	\$	1,000.00
Older American Reception Allocation	\$	3,500.00	\$	3,500.00
Summer Community Yard Sale Allocation	\$	1,200.00	\$	1,200.00
Seniors Rock Concert Allocation	\$	2,500.00	\$	2,500.00
Senior Hawaiian Luau Allocation	\$	2,000.00	\$	781.13
General Programs Supplies	\$	700.00	\$	(87.43)
Senior Master Plan Implementation	\$	1,500.00	\$	1,500.00
Unallocated Senior Account Balance - Period Ending 12/31/2025			\$	178,706.13



01/7/26



01/14/26



01/21/26



01/28/26

SENIOR CINEMA

Hart Park House Senior Center

Let it snow BINGO

\$7

12:30pm

January 15th, 2026

Registration required

For more information please call 626-355-5278



Hart Park House Senior Center

January Craft

\$5

1pm

January 22nd, 2026

Come join us in creating Snowy Mason Jar Luminaries. A perfect winter time craft!

Registration required

For more information please call 626-355-5278

